

# West District Cross Country Relays

## Race 1 YOUNG FEMALES

| Leg      | Name                     | Pos | Running Time | Lap Time  |
|----------|--------------------------|-----|--------------|-----------|
| <b>1</b> | <b>CITY OF GLASGOW B</b> |     |              | <b>5</b>  |
| Leg 3    | P MCNELLIS               | 1   | 31.22        | 10.03     |
| Leg 2    | L STEVENS                | 2   | 20.59        | 10.54     |
| Leg 1    | H POPPLE                 | 1   | 10.25        | 10.05     |
| <b>2</b> | <b>CITY OF GLASGOW A</b> |     |              | <b>4</b>  |
| Leg 3    | M CAMERON                | 2   | 31.21        | 10.26     |
| Leg 2    | D KERR                   | 1   | 20.55        | 10.29     |
| Leg 1    | L MCPHERSON              | 2   | 10.26        | 10.26     |
| <b>3</b> | <b>GIFFNOCK NORTH</b>    |     |              | <b>8</b>  |
| Leg 3    | S AL KHADHIMI            | 3   | 31.52        | 10.34     |
| Leg 2    | H STEVENSON              | 4   | 21.18        | 10.24     |
| Leg 1    | J ROCHE                  | 5   | 10.54        | 10.54     |
| <b>4</b> | <b>GLENIFFER HS A</b>    |     |              | <b>14</b> |
| Leg 3    | S SMITH                  | 4   | 32.31        | 11.24     |
| Leg 2    | L PATTISON               | 3   | 21.07        | 10.19     |
| Leg 1    | L DOCHERTY               | 3   | 10.48        | 10.48     |
| <b>5</b> | <b>KIRKINTILLOCH OLY</b> |     |              | <b>23</b> |
| Leg 3    | V RALTON                 | 5   | 32.36        | 11.02     |
| Leg 2    | F GENTLES                | 5   | 21.34        | 10.27     |
| Leg 1    | L HUTSON                 | 7   | 11.07        | 11.07     |
| <b>6</b> | <b>KILBARCHAN AC</b>     |     |              | <b>17</b> |
| Leg 3    | D SMITH                  | 6   | 32.4         | 10.03     |
| Leg 2    | G MCKENZIE               | 13  | 22.37        | 10.53     |
| Leg 1    | F MCINTYRE               | 14  | 11.44        | 11.44     |
| <b>7</b> | <b>LARKHALL YMCA</b>     |     |              | <b>27</b> |
| Leg 3    | F HAIG                   | 7   | 33.12        | 11.24     |
| Leg 2    | L HAIG                   | 6   | 21.48        | 10.4      |
| Leg 1    | C WHITELAW               | 8   | 11.08        | 11.08     |
| <b>8</b> | <b>CITY OF GLASGOW C</b> |     |              | <b>6</b>  |
| Leg 3    | H CALDERWOOD             | 8   | 33.18        | 11.08     |
| Leg 2    | L YOUNG                  | 9   | 22.1         | 11.17     |
| Leg 1    | J FINCH                  | 4   | 10.53        | 10.53     |
| <b>9</b> | <b>AYR SEAFORTH A</b>    |     |              | <b>1</b>  |
| Leg 3    | K LOGUE                  | 9   | 33.58        | 10.22     |
| Leg 2    | E MUNRO                  | 16  | 23.36        | 11.34     |

# West District Cross Country Relays

## Race 1 YOUNG FEMALES

|           | <u>Leg</u> | <u>Name</u>                      | <u>Pos</u> | <u>Running Time</u> | <u>Lap Time</u> |
|-----------|------------|----------------------------------|------------|---------------------|-----------------|
|           | Leg 1      | L DIXON                          | 17         | 12.02               | 12.02           |
| <b>10</b> |            | <u>Kirkintilloch Olympians B</u> |            |                     | 24              |
|           | Leg 3      | G MCGROARTY                      | 10         | 34.15               | 12.02           |
|           | Leg 2      | L URGUHART                       | 10         | 22.13               | 10.49           |
|           | Leg 1      | J WITCHELL                       | 12         | 11.24               | 11.24           |
| <b>11</b> |            | <u>KILBARCHAN AC C'</u>          |            |                     | 19              |
|           | Leg 3      | H GORDON                         | 11         | 34.24               | 10.2            |
|           | Leg 2      | A GALBRAITH                      | 20         | 24.04               | 11.05           |
|           | Leg 1      | G KENNEDY                        | 24         | 12.59               | 12.59           |
| <b>12</b> |            | <u>JW KILMARNOCK</u>             |            |                     | 21              |
|           | Leg 3      | L CAIRNS                         | 12         | 34.31               | 10.27           |
|           | Leg 2      | S SHANKS                         | 19         | 24.04               | 11.14           |
|           | Leg 1      | M MCGOLDRICK                     | 22         | 12.5                | 12.5            |
| <b>13</b> |            | <u>KILBARCHAN AC B</u>           |            |                     | 18              |
|           | Leg 3      | S MCGRENEGHAN                    | 13         | 34.58               | 10.03           |
|           | Leg 2      | F STEELE                         | 23         | 24.55               | 11.57           |
|           | Leg 1      | K MCGREGOR                       | 23         | 12.58               | 12.58           |
| <b>14</b> |            | <u>GLENIFFER HS B</u>            |            |                     | 15              |
|           | Leg 3      | J CALDWELL                       | 14         | 34.59               | 12.33           |
|           | Leg 2      | D MCCOOL                         | 12         | 22.26               | 11.06           |
|           | Leg 1      | L DELVIN                         | 11         | 11.2                | 11.2            |
| <b>15</b> |            | <u>LAW &amp; DISTRICT AAC</u>    |            |                     | 28              |
|           | Leg 3      | M STRUTHERS                      | 15         | 35.08               | 12.13           |
|           | Leg 2      | K MILLER                         | 15         | 22.55               | 11.09           |
|           | Leg 1      | N CHRISTIE                       | 15         | 11.46               | 11.46           |
| <b>16</b> |            | <u>CITY OF GLASGOW D</u>         |            |                     | 7               |
|           | Leg 3      | E BLACKWOOD                      | 16         | 35.28               | 10.56           |
|           | Leg 2      | N MCCARTHY                       | 21         | 24.32               | 12              |
|           | Leg 1      | C LOGAN                          | 19         | 12.32               | 12.32           |
| <b>17</b> |            | <u>AYR SEAFORTH B</u>            |            |                     | 2               |
|           | Leg 3      | R SIMPSON                        | 17         | 36.04               | 10.57           |
|           | Leg 2      | K SIMPSON                        | 24         | 25.07               | 12.19           |
|           | Leg 1      | D MCKEATING                      | 21         | 12.48               | 12.48           |
| <b>18</b> |            | <u>LAW &amp; DISTRICT B'</u>     |            |                     | 31              |
|           | Leg 3      | L PATRICK                        | 18         | 37.17               | 11.57           |

# West District Cross Country Relays

## Race 1 YOUNG FEMALES

|           | <b>Leg</b> | <b>Name</b>                       | <b>Pos</b> | <b>Running Time</b> | <b>Lap Time</b> |
|-----------|------------|-----------------------------------|------------|---------------------|-----------------|
|           | Leg 2      | V TIDSER                          | 25         | 25.2                | 11.5            |
|           | Leg 1      | J MCSTAY                          | 25         | 13.3                | 13.3            |
| <b>19</b> |            | <b><u>KILBARCHAN AC D</u></b>     |            |                     | 20              |
|           | Leg 3      | L MCINTOSH                        | 19         | 38.01               | 11.01           |
|           | Leg 2      | M MCLAUGHLIN                      | 27         | 28.18               | 11.43           |
|           | Leg 1      | S GALBRAITH                       | 27         | 16.35               | 16.35           |
| <b>20</b> |            | <b><u>AYR SEAFORTH B</u></b>      |            |                     | 3               |
|           | Leg 2      | M STEWART                         | 26         | 26.1                | 11.34           |
|           | Leg 1      | L KERR                            | 26         | 14.36               | 14.36           |
| <b>20</b> |            | <b><u>GIFFNOCK NORTH B</u></b>    |            |                     | 9               |
|           | Leg 2      | G MULVEY                          | 8          | 22.03               | 11.01           |
|           | Leg 1      | K COX                             | 6          | 11.03               | 11.02           |
| <b>20</b> |            | <b><u>GIFFNOCK NORTH C</u></b>    |            |                     | 10              |
|           | Leg 2      | E DORRAIN                         | 7          | 21.56               | 10.38           |
|           | Leg 1      | K PRYTZ                           | 10         | 11.18               | 11.18           |
| <b>20</b> |            | <b><u>GIFFNOCK NORTH D</u></b>    |            |                     | 11              |
|           | Leg 2      | Y HAMILTON                        | 11         | 22.24               | 11.13           |
|           | Leg 1      | T SMITH                           | 9          | 11.11               | 11.11           |
| <b>20</b> |            | <b><u>GIFFNOCK NORTH E</u></b>    |            |                     | 12              |
|           | Leg 2      | L BEATTIE                         | 14         | 22.41               | 10.5            |
|           | Leg 1      | L MILLIGAN                        | 16         | 11.51               | 11.51           |
| <b>20</b> |            | <b><u>GIFFNOCK NORTH F</u></b>    |            |                     | 13              |
|           | Leg 2      | A MCKENZIE                        | 18         | 24.01               | 11.25           |
|           | Leg 1      | N CHUNG                           | 20         | 12.36               | 12.36           |
| <b>20</b> |            | <b><u>KIRKINTILLOCH OLY C</u></b> |            |                     | 25              |
|           | Leg 2      | N CASSELS                         | 17         | 23.44               | 12.06           |
|           | Leg 1      | N SMITH                           | 13         | 11.38               | 11.38           |
| <b>20</b> |            | <b><u>KIRKINTILLOCH OLY D</u></b> |            |                     | 26              |
|           | Leg 2      | A CASSELLS                        | 22         | 24.39               | 12.17           |
|           | Leg 1      | L BOWLES                          | 18         | 12.22               | 12.22           |

# West District Cross Country Relays

## Race 2 Junior MEN

| Leg       | Name        | Pos                           | Running Time | Lap Time |
|-----------|-------------|-------------------------------|--------------|----------|
| <b>1</b>  |             | <b>KILBARCHAN AC</b>          | <b>73</b>    |          |
| Leg 3     | G DOBBIE    | 1                             | 26.07        | 8.24     |
| Leg 2     | W DOCHERTY  | 1                             | 17.43        | 8.28     |
| Leg 1     | R TOOLE     | 1                             | 9.15         | 9.15     |
| <b>2</b>  |             | <b>EAST KILBRIDE A</b>        | <b>56</b>    |          |
| Leg 3     | C HENDERSON | 2                             | 26.39        | 8.07     |
| Leg 2     | S MATHEWS   | 5                             | 18.32        | 8.55     |
| Leg 1     | C CASTLE    | 6                             | 9.37         | 9.37     |
| <b>3</b>  |             | <b>GIFFNOCK NORTH B</b>       | <b>60</b>    |          |
| Leg 3     | R BIRRELL   | 3                             | 26.43        | 8.19     |
| Leg 2     | S MILLIGAN  | 2                             | 18.24        | 8.48     |
| Leg 1     | N GALBRAITH | 4                             | 9.36         | 9.36     |
| <b>4</b>  |             | <b>KILBARCHAN AC B</b>        | <b>74</b>    |          |
| Leg 3     | G DARROCH   | 4                             | 26.58        | 8.31     |
| Leg 2     | G HANSON    | 3                             | 18.27        | 8.45     |
| Leg 1     | C DENNEY    | 7                             | 9.42         | 9.42     |
| <b>5</b>  |             | <b>RON HILL CAMBUSLANG</b>    | <b>83</b>    |          |
| Leg 3     | G MALONE    | 5                             | 27.1         | 8.40     |
| Leg 2     | D KELSEY    | 4                             | 18.3         | 9.03     |
| Leg 1     | S DUNN      | 3                             | 9.27         | 9.27     |
| <b>6</b>  |             | <b>GIFFNOCK NORTH</b>         | <b>59</b>    |          |
| Leg 3     | G ROSS      | 6                             | 27.13        | 8.17     |
| Leg 2     | J WALKER    | 8                             | 18.56        | 8.53     |
| Leg 1     | D ALLAN     | 13                            | 10.03        | 10.03    |
| <b>7</b>  |             | <b>SHETTLESTON</b>            | <b>89</b>    |          |
| Leg 3     | V MCLAREN   | 7                             | 27.49        | 9.00     |
| Leg 2     | G WELSH     | 6                             | 18.49        | 9.13     |
| Leg 1     | D WALLACE   | 5                             | 9.36         | 9.36     |
| <b>8</b>  |             | <b>AYR SEAFORTH A</b>         | <b>51</b>    |          |
| Leg 3     | C BODYD     | 8                             | 27.57        | 8.55     |
| Leg 2     | T BOYD      | 9                             | 19.02        | 9.06     |
| Leg 1     | J THOMPSON  | 11                            | 9.56         | 9.56     |
| <b>9</b>  |             | <b>RON HILL CAMBUSLANG B'</b> | <b>84</b>    |          |
| Leg 3     | I MUNRO     | 9                             | 28.06        | 8.33     |
| Leg 2     | A GRAY      | 12                            | 19.33        | 9.09     |
| Leg 1     | D DOCHERTY  | 19                            | 10.24        | 10.24    |
| <b>10</b> |             | <b>SHETTLESTON B</b>          | <b>90</b>    |          |
| Leg 3     | T MCDONALD  | 10                            | 28.19        | 9.27     |
| Leg 2     | S MCDONALD  | 7                             | 18.52        | 9.29     |

# West District Cross Country Relays

## Race 2 Junior MEN

| Leg       | Name                                 | Pos       | Running Time | Lap Time |
|-----------|--------------------------------------|-----------|--------------|----------|
| Leg 1     | J FINLAY                             | 2         | 9.23         | 9.23     |
| <b>11</b> | <b><u>GLENIFFER HS</u></b>           | <b>65</b> |              |          |
| Leg 3     | C MAY                                | 11        | 28.24        | 9.10     |
| Leg 2     | P MACK                               | 10        | 19.14        | 9.06     |
| Leg 1     | S LAMB                               | 14        | 10.08        | 10.08    |
| <b>12</b> | <b><u>SPRINGBURN HARRIERS'</u></b>   | <b>94</b> |              |          |
| Leg 3     | I MARSHALL                           | 12        | 28.28        | 9.14     |
| Leg 2     | S TAGGERT                            | 11        | 19.14        | 9.27     |
| Leg 1     | C CHALMERS                           | 9         | 9.47         | 9.47     |
| <b>13</b> | <b><u>GIFFNOCK NORTH C</u></b>       | <b>61</b> |              |          |
| Leg 3     | G MITCHELL                           | 13        | 28.39        | 8.53     |
| Leg 2     | C MACDOUGALL                         | 14        | 19.46        | 9.27     |
| Leg 1     | C MACLURE                            | 16        | 10.19        | 10.19    |
| <b>14</b> | <b><u>GIFFNOCK NORTH D</u></b>       | <b>62</b> |              |          |
| Leg 3     | N DORRIAN                            | 14        | 28.53        | 8.49     |
| Leg 2     | G THOMSON                            | 18        | 20.04        | 9.18     |
| Leg 1     | N WILCOCK                            | 25        | 10.46        | 10.46    |
| <b>15</b> | <b><u>AYR SEAFORTH B</u></b>         | <b>52</b> |              |          |
| Leg 3     | D MCKEATING                          | 15        | 28.54        | 9.10     |
| Leg 2     | C BOLES                              | 13        | 19.44        | 9.29     |
| Leg 1     | M CAIRD                              | 15        | 10.15        | 10.15    |
| <b>16</b> | <b><u>CLYDESDALE</u></b>             | <b>54</b> |              |          |
| Leg 3     | A MCDONALD                           | 16        | 28.55        | 8.45     |
| Leg 2     | H GALLACHER                          | 19        | 20.1         | 9.41     |
| Leg 1     | D BLACKER                            | 20        | 10.29        | 10.29    |
| <b>17</b> | <b><u>RON HILL CAMBUSLANG C'</u></b> | <b>85</b> |              |          |
| Leg 3     | A STEVENS                            | 17        | 28.56        | 8.31     |
| Leg 2     | V WALKER                             | 22        | 20.25        | 9.42     |
| Leg 1     | M SHARP                              | 24        | 10.43        | 10.43    |
| <b>18</b> | <b><u>AYR SEAFORTH C</u></b>         | <b>53</b> |              |          |
| Leg 3     | R CHARLTON                           | 18        | 29.1         | 9.20     |
| Leg 2     | V CLARK                              | 16        | 19.5         | 10.01    |
| Leg 1     | C MCGILL                             | 10        | 9.49         | 9.49     |
| <b>19</b> | <b><u>GLENIFFER HS B</u></b>         | <b>66</b> |              |          |
| Leg 3     | D WATSON                             | 19        | 29.15        | 8.49     |
| Leg 2     | M LEITCH                             | 23        | 20.26        | 9.46     |
| Leg 1     | G WADDELL                            | 23        | 10.4         | 10.40    |
| <b>20</b> | <b><u>VICTORIA PARK AC'</u></b>      | <b>96</b> |              |          |
| Leg 3     | D WATSON                             | 20        | 29.43        | 8.00     |

# West District Cross Country Relays

## Race 2 Junior MEN

| Leg       | Name                                 | Pos        | Running Time | Lap Time |
|-----------|--------------------------------------|------------|--------------|----------|
| Leg 2     | N TOLMIE                             | 32         | 22.43        | 10.13    |
| Leg 1     | P ROBINSON                           | 33         | 11.3         | 11.30    |
| <b>21</b> | <b><u>GREENOCK GLENPARK'</u></b>     | <b>67</b>  |              |          |
| Leg 3     | H MCGUINESS                          | 21         | 30           | 9.16     |
| Leg 2     | H FORBES                             | 25         | 20.44        | 10.21    |
| Leg 1     | B GREEN                              | 18         | 10.23        | 10.23    |
| <b>22</b> | <b><u>SHETTLESTON H C</u></b>        | <b>91</b>  |              |          |
| Leg 3     | M SKILLING                           | 22         | 30.11        | 9.48     |
| Leg 2     | G HUTCHESON                          | 21         | 20.23        | 9.37     |
| Leg 1     | M BOYCE                              | 27         | 10.46        | 10.46    |
| <b>23</b> | <b><u>LAW &amp; DISTRICT AAC</u></b> | <b>80</b>  |              |          |
| Leg 3     | S PORTE                              | 23         | 30.48        | 9.07     |
| Leg 2     | A FORREST                            | 31         | 21.41        | 10.50    |
| Leg 1     | S CRONE                              | 31         | 10.51        | 10.51    |
| <b>24</b> | <b><u>EAST KILBRIDE B</u></b>        | <b>57</b>  |              |          |
| Leg 3     | S TOMS                               | 24         | 30.51        | 10.21    |
| Leg 2     | A CAMPBELL                           | 24         | 20.3         | 9.42     |
| Leg 1     | C BRUCE                              | 28         | 10.46        | 10.48    |
| <b>25</b> | <b><u>KIRKINTILLOCH OLY</u></b>      | <b>78</b>  |              |          |
| Leg 3     | S MCDOUGALL                          | 25         | 31.08        | 9.33     |
| Leg 2     | A TORRIE                             | 30         | 21.35        | 9.32     |
| Leg 1     | R THAYNE                             | 35         | 12.03        | 12.03    |
| <b>26</b> | <b><u>GREENOCK GLENPARK B'</u></b>   | <b>68</b>  |              |          |
| Leg 3     | J FREEBURN                           | 26         | 31.1         | 11.07    |
| Leg 2     | B MCDIARMID                          | 17         | 20.03        | 10.17    |
| Leg 1     | S TRAINER                            | 8          | 9.46         | 9.46     |
| <b>27</b> | <b><u>LAW &amp; DISTRICT B</u></b>   | <b>81</b>  |              |          |
| Leg 3     | D CAMPBELL                           | 27         | 32.27        | 8.15     |
| Leg 2     | A IRVINE                             | 35         | 23.12        | 12.23    |
| Leg 1     | G MARTIN                             | 29         | 10.49        | 10.49    |
| <b>28</b> | <b><u>GIFFNOCK NORTH E</u></b>       | <b>63</b>  |              |          |
| Leg 3     | N BARCLAY                            | 28         | 32.49        | 9.20     |
| Leg 2     | R ALLAN                              | 37         | 23.29        | 9.43     |
| Leg 1     | R MACGAVOCK                          | 37         | 13.46        | 13.46    |
| <b>29</b> | <b><u>LARKHALL YMCA</u></b>          | <b>100</b> |              |          |
| Leg 3     | R DOUGLAS                            | 29         | 33.1         | 8.15     |
| Leg 2     | E DOUGLAS                            | 36         | 23.17        | 12.23    |
| Leg 1     | V MOWBRAY                            | 36         | 12.32        | 10.49    |
| <b>30</b> | <b><u>SHETTLESTON H D</u></b>        | <b>92</b>  |              |          |

# West District Cross Country Relays

## Race 2 Junior MEN

| Leg       | Name                          | Pos | Running Time | Lap Time |
|-----------|-------------------------------|-----|--------------|----------|
| Leg 3     | S MCKENZIE                    | 30  | 33.5         | 9.23     |
| Leg 2     | G FLEMING                     | 38  | 24.27        | 10.35    |
| Leg 1     | C JONES                       | 38  | 13.52        | 13.52    |
| <b>31</b> | <b>EAST KILBRIDE</b>          |     | <b>58</b>    |          |
| Leg 2     | M MCCLUSKEY                   | 29  | 21.29        | 10.39    |
| Leg 1     | P SMITH                       | 30  | 10.5         | 10.50    |
| <b>31</b> | <b>GREENOCK GLENPARK C'</b>   |     | <b>69</b>    |          |
| Leg 2     | G DUNN                        | 26  | 20.57        | 10.26    |
| Leg 1     | S DUNN                        | 21  | 10.31        | 10.31    |
| <b>31</b> | <b>KILBARCHAN AC C'</b>       |     | <b>75</b>    |          |
| Leg 2     | C STEWART                     | 33  | 22.02        | 11.16    |
| Leg 1     | S FLYNN                       | 26  | 10.46        | 10.46    |
| <b>31</b> | <b>KILBARCHAN AC D</b>        |     | <b>76</b>    |          |
| Leg 2     | M CROWE                       | 15  | 19.46        | 9.47     |
| Leg 1     | K TOOLE                       | 12  | 9.59         | 9.59     |
| <b>31</b> | <b>KILBARCHAN AC E</b>        |     | <b>77</b>    |          |
| Leg 2     | S TURNER                      | 20  | 20.17        | 9.55     |
| Leg 1     | V GRIBBEN                     | 17  | 10.22        | 10.22    |
| <b>31</b> | <b>LAW &amp; DISTRICT C'</b>  |     | <b>82</b>    |          |
| Leg 2     | B DOCHERTY                    | 39  | 24.5         | 24.50    |
| <b>31</b> | <b>RON HILL CAMBUSLANG D'</b> |     | <b>86</b>    |          |
| Leg 2     | S GRAHAM                      | 27  | 21.04        | 10.32    |
| Leg 1     | A MCDONALD                    | 22  | 10.32        | 10.32    |
| <b>31</b> | <b>RON HILL CAMBUSLANG E'</b> |     | <b>87</b>    |          |
| Leg 2     | R GRAHAM                      | 28  | 21.04        | 10.08    |
| Leg 1     | D WARD                        | 32  | 10.56        | 10.56    |
| <b>31</b> | <b>RON HILL CAMBUSLANG F'</b> |     | <b>88</b>    |          |
| Leg 2     | B KIMMETT                     | 34  | 23.11        | 11.35    |
| Leg 1     | C HENDRY                      | 34  | 11.36        | 11.36    |

# West District Cross Country Relays

Race 3 Women

Saturday 9th October 99

| <u>Leg</u>               | <u>Name</u> | <u>Pos</u> | <u>Running Time</u> | <u>Lap Time</u> |
|--------------------------|-------------|------------|---------------------|-----------------|
| <b>1</b>                 |             |            |                     |                 |
| <u>CITY OF GLASGOW A</u> |             |            | <b>32</b>           |                 |
| Leg 3                    | E COCHRAN   | 1          | 43.02               | 14.06           |
| Leg 2                    | S FINCH     | 1          | 28.56               | 15.02           |
| Leg 1                    | C FAGAN     | 1          | 13.54               | 13.54           |
| <b>2</b>                 |             |            |                     |                 |
| <u>SHETTLESTON H L</u>   |             |            | <b>42</b>           |                 |
| Leg 3                    | E MCBRINN   | 2          | 44.44               | 14.19           |
| Leg 2                    | P MCKAY     | 2          | 30.25               | 15.27           |
| Leg 1                    | L MCNEILL   | 4          | 14.58               | 14.58           |
| <b>3</b>                 |             |            |                     |                 |
| <u>CITY OF GLASGOW B</u> |             |            | <b>33</b>           |                 |
| Leg 3                    | G WALKER    | 3          | 45.15               | 14.42           |
| Leg 2                    | J KNOWLES   | 3          | 30.33               | 15.37           |
| Leg 1                    | J MCDEVITT  | 3          | 14.56               | 14.56           |
| <b>4</b>                 |             |            |                     |                 |
| <u>CITY OF GLASGOW C</u> |             |            | <b>34</b>           |                 |
| Leg 3                    | L SCOTT     | 4          | 47.53               | 15.54           |
| Leg 2                    | R CLARK     | 5          | 31.59               | 16.21           |
| Leg 1                    | K BAIRD     | 5          | 15.38               | 15.38           |
| <b>5</b>                 |             |            |                     |                 |
| <u>GIFFNOCK NORTH</u>    |             |            | <b>36</b>           |                 |
| Leg 3                    | S ROBINSON  | 5          | 50.15               | 18.4            |
| Leg 2                    | J PRYTZ     | 4          | 31.35               | 15.54           |
| Leg 1                    | D GALBRAITH | 6          | 15.41               | 15.41           |

|                            |             |    |           |       |
|----------------------------|-------------|----|-----------|-------|
| <b>6</b>                   |             |    |           |       |
| <u>KIRKINTILLOCH OLY</u>   |             |    | <b>41</b> |       |
| Leg 3                      | L JOHNSTONE | 6  | 58.28     | 17.31 |
| Leg 2                      | A FLYNN     | 8  | 40.57     | 19.26 |
| Leg 1                      | K STEVENSON | 10 | 21.31     | 21.31 |
| <b>7</b>                   |             |    |           |       |
| <u>GIFFNOCK NORTH B</u>    |             |    | <b>37</b> |       |
| Leg 3                      | A CAMPBELL  | 7  | 58.48     | 20.19 |
| Leg 2                      | S MCKENZIE  | 7  | 38.29     | 20.35 |
| Leg 1                      | J GRASSIE   | 8  | 17.54     | 17.54 |
| <b>8</b>                   |             |    |           |       |
| <u>CITY OF GLASGOW D</u>   |             |    | <b>35</b> |       |
| Leg 1                      | C MCFADDEN  | 2  | 14.38     | 14.38 |
| <b>8</b>                   |             |    |           |       |
| <u>UNIV OF STRATHCLYDE</u> |             |    | <b>44</b> |       |
| Leg 1                      | N DISILVA   | 9  | 18        | 18    |
| <b>8</b>                   |             |    |           |       |
| <u>TROON TORTOISES</u>     |             |    | <b>45</b> |       |
| Leg 2                      | M GEMMILL   | 6  | 36.48     | 19.01 |
| Leg 1                      | S GRAY      | 7  | 17.47     | 17.47 |

# West District Cross Country Relays

## Race 4 MEN

| <u>Leg</u> | <u>Name</u>                          | <u>Pos</u> | <u>Running Time</u> | <u>Lap Time</u> |
|------------|--------------------------------------|------------|---------------------|-----------------|
| <b>1</b>   | <b><u>INVERCLYDE AC A'</u></b>       |            |                     | <b>22</b>       |
| Leg 4      | T TIPPING                            | 1          | 48.02               | 11.56           |
| Leg 3      | S MCALLISTER                         | 1          | 36.06               | 12.01           |
| Leg 2      | S CONACHAN                           | 1          | 24.05               | 11.49           |
| Leg 1      | G GAFFNEY                            | 2          | 12.16               | 12.16           |
| <b>2</b>   | <b><u>SHETTLESTON</u></b>            |            |                     | <b>50</b>       |
| Leg 4      | A CALLAN                             | 2          | 48.03               | 11.43           |
| Leg 3      | B COYLE                              | 2          | 36.20               | 11.49           |
| Leg 2      | S GIBSON                             | 3          | 24.31               | 11.39           |
| Leg 1      | G WRIGHT                             | 10         | 12.52               | 12.52           |
| <b>3</b>   | <b><u>JW KILMARNOCK</u></b>          |            |                     | <b>35</b>       |
| Leg 4      | J TONNER                             | 3          | 49.01               | 12.09           |
| Leg 3      | R MONTGOMERIE                        | 4          | 36.52               | 12.17           |
| Leg 2      | E TONNER                             | 4          | 24.35               | 12.13           |
| Leg 1      | I CONNELL                            | 3          | 12.21               | 12.22           |
| <b>4</b>   | <b><u>LAW &amp; DISTRICT AAC</u></b> |            |                     | <b>41</b>       |
| Leg 4      | J FROOD                              | 4          | 49.21               | 12.59           |
| Leg 3      | A RUSSELL                            | 3          | 36.22               | 11.21           |
| Leg 2      | J REID                               | 5          | 25.01               | 11.55           |
| Leg 1      | D MUIR                               | 13         | 13.06               | 13.06           |
| <b>5</b>   | <b><u>KILBARCHAN AC</u></b>          |            |                     | <b>30</b>       |
| Leg 4      | T HEARLE                             | 5          | 49.52               | 12.29           |
| Leg 3      | A PUCKRIN                            | 5          | 37.23               | 11.44           |
| Leg 2      | J SNODGASI                           | 8          | 25.39               | 12.59           |
| Leg 1      | A MCLEOD                             | 6          | 12.40               | 12.40           |
| <b>6</b>   | <b><u>IRVINE AC A</u></b>            |            |                     | <b>27</b>       |
| Leg 4      | C MILLER                             | 6          | 50.21               | 12.48           |
| Leg 3      | B CRAIG                              | 6          | 37.33               | 13.02           |
| Leg 2      | B RICHARDSON                         | 2          | 24.31               | 12.05           |
| Leg 1      | L RICHARDSON                         | 5          | 12.26               | 12.26           |
| <b>7</b>   | <b><u>SHETTLESTON B</u></b>          |            |                     | <b>51</b>       |
| Leg 4      | D MCGONIGLE                          | 7          | 50.30               | 12.40           |
| Leg 3      | D CROWE                              | 7          | 37.50               | 12.48           |
| Leg 2      | J MACKAY                             | 6          | 25.02               | 12.19           |
| Leg 1      | M GRAHAM                             | 7          | 12.43               | 12.43           |
| <b>8</b>   | <b><u>KIRKINTILLOCH OLY</u></b>      |            |                     | <b>38</b>       |
| Leg 4      | K LEITCH                             | 8          | 50.43               | 12.21           |
| Leg 3      | K STEWART                            | 8          | 38.22               | 12.56           |
| Leg 2      | C BURNS                              | 7          | 25.26               | 13.02           |
| Leg 1      | J MCLOONE                            | 4          | 12.24               | 12.24           |
| <b>9</b>   | <b><u>SPRINGBURN HARRIERS'</u></b>   |            |                     | <b>53</b>       |
| Leg 4      | J BELL                               | 9          | 52.18               | 12.18           |
| Leg 3      | R SOUTAR                             | 12         | 40.00               | 13.34           |
| Leg 2      | M PATON                              | 14         | 26.26               | 12.33           |
| Leg 1      | A ROSS                               | 28         | 13.53               | 13.53           |
| <b>10</b>  | <b><u>VICTORIA PARK AC'</u></b>      |            |                     | <b>59</b>       |
| Leg 4      | K BROWN                              | 10         | 52.29               | 13.34           |
| Leg 3      | S BARNETT                            | 9          | 38.55               | 12.45           |

# West District Cross Country Relays

## Race 4 MEN

| <u>Leg</u> | <u>Name</u>                       | <u>Pos</u> | <u>Running Time</u> | <u>Lap Time</u> |
|------------|-----------------------------------|------------|---------------------|-----------------|
| Leg 2      | K FORSTER                         | 11         | 26.10               | 12.32           |
| Leg 1      | D NICHOLL                         | 24         | 13.38               | 13.38           |
| <b>11</b>  | <b><u>RON HILL CAMBUSLANG</u></b> |            |                     | <b>45</b>       |
| Leg 4      | J KEALY                           | 11         | 53.05               | 13.35           |
| Leg 3      | M OHAGAN                          | 11         | 39.30               | 12.58           |
| Leg 2      | K KEALY                           | 15         | 26.32               | 12.46           |
| Leg 1      | T MCNALLY                         | 26         | 13.46               | 13.46           |
| <b>12</b>  | <b><u>GREENOCK GLENPARK</u></b>   |            |                     | <b>18</b>       |
| Leg 4      | S MCLOONE                         | 12         | 53.26               | 13.03           |
| Leg 3      | W JUKES                           | 15         | 40.23               | 13.44           |
| Leg 2      | R DOCHERTY                        | 17         | 26.39               | 13.20           |
| Leg 1      | A MORRISON                        | 17         | 13.19               | 13.19           |
| <b>13</b>  | <b><u>CLYDESDALE H A</u></b>      |            |                     | <b>7</b>        |
| Leg 4      | R ROSSBOROROUGH                   | 13         | 53.55               | 14.31           |
| Leg 3      | M DIVER                           | 10         | 39.24               | 13.30           |
| Leg 2      | M RUDZINSKI                       | 9          | 25.54               | 13.46           |
| Leg 1      | E CALVERT                         | 1          | 12.08               | 12.08           |
| <b>14</b>  | <b><u>IRVINE AC B</u></b>         |            |                     | <b>28</b>       |
| Leg 4      | F COLLIER                         | 14         | 54.05               | 13.52           |
| Leg 3      | J STEVENSON                       | 19         | 40.54               | 13.17           |
| Leg 2      | J WHITE                           | 22         | 27.37               | 14.21           |
| Leg 1      | C CHAUSSETT                       | 16         | 13.16               | 13.16           |
| <b>15</b>  | <b><u>INVERCLYDE AC B</u></b>     |            |                     | <b>23</b>       |
| Leg 4      | G KING                            | 15         | 54.46               | 13.56           |
| Leg 3      | C SPENCE                          | 20         | 40.56               | 13.45           |
| Leg 2      | J BANNISTER                       | 21         | 27.11               | 14.01           |
| Leg 1      | D FRASER                          | 14         | 13.10               | 13.10           |
| <b>16</b>  | <b><u>BELLAHOUSTON H A</u></b>    |            |                     | <b>3</b>        |
| Leg 4      | C JOSS                            | 16         | 54.57               | 14.14           |
| Leg 3      | J MCFADYEN                        | 17         | 40.43               | 14.38           |
| Leg 2      | C SCOTT                           | 10         | 26.05               | 13.18           |
| Leg 1      | R BRUCE                           | 8          | 12.47               | 12.47           |
| <b>17</b>  | <b><u>JW KILMARNOCK H B</u></b>   |            |                     | <b>36</b>       |
| Leg 4      | A MURRAY                          | 17         | 54.57               | 15.14           |
| Leg 3      | T FINNIGAN                        | 16         | 40.35               | 13.46           |
| Leg 2      | J GEMMILL                         | 18         | 26.49               | 13.43           |
| Leg 1      | J GOLDIE                          | 12         | 13.06               | 13.06           |
| <b>18</b>  | <b><u>GIFFNOCK NORTH</u></b>      |            |                     | <b>16</b>       |
| Leg 4      | B GLASGOW                         | 18         | 55.49               | 14.48           |
| Leg 3      | I AIRDRI                          | 21         | 41.03               | 14.43           |
| Leg 2      | S GOLDIE                          | 12         | 26.20               | 13.20           |
| Leg 1      | I MILLER                          | 11         | 13.00               | 13.00           |
| <b>19</b>  | <b><u>AYR SEAFORTH A</u></b>      |            |                     | <b>1</b>        |
| Leg 4      | D MUNRO                           | 19         | 56.00               | 14.32           |
| Leg 3      | P ROGERS                          | 22         | 41.28               | 14.29           |
| Leg 2      | A MCINDOE                         | 19         | 26.59               | 14.09           |
| Leg 1      | B BOYD                            | 9          | 12.50               | 12.50           |
| <b>20</b>  | <b><u>VICTORIA PARK B'</u></b>    |            |                     | <b>60</b>       |

# West District Cross Country Relays

## Race 4 MEN

| <u>Leg</u>  | <u>Name</u>                          | <u>Pos</u> | <u>Running Time</u> | <u>Lap Time</u> |
|-------------|--------------------------------------|------------|---------------------|-----------------|
| Leg 4       | R MCGREGOR                           | 20         | 56.01               | 15.43           |
| Leg 3       | R YOUNG                              | 14         | 40.18               | 13.13           |
| Leg 2       | D WATSON                             | 20         | 27.05               | 13.52           |
| Leg 1       | P NICOLL                             | 15         | 13.13               | 13.13           |
| <b>[21]</b> | <b><u>VICTORIA PARK C'</u></b>       |            |                     | <b>61</b>       |
| Leg 4       | K MCVEY                              | 21         | 56.01               | 15.16           |
| Leg 3       | G HILLER                             | 18         | 40.51               | 14.17           |
| Leg 2       | T SIMPSON                            | 16         | 26.34               | 13.01           |
| Leg 1       | G MUNRO                              | 21         | 13.33               | 13.33           |
| <b>[22]</b> | <b><u>SPRINGBURN HARRIERS B'</u></b> |            |                     | <b>54</b>       |
| Leg 4       | R DAVIS                              | 22         | 56.07               | 13.49           |
| Leg 3       | A CALLAN                             | 24         | 42.26               | 14.03           |
| Leg 2       | E DICKSON                            | 28         | 28.23               | 14.23           |
| Leg 1       | D ONEILL                             | 29         | 14.00               | 14.00           |
| <b>[23]</b> | <b><u>LAW &amp; DISTRICT B</u></b>   |            |                     | <b>42</b>       |
| Leg 4       | P KELLY                              | 23         | 56.15               | 15.00           |
| Leg 3       | A RAMAGE                             | 23         | 41.33               | 13.40           |
| Leg 2       | J MUIR                               | 24         | 27.53               | 13.49           |
| Leg 1       | D OVENS                              | 30         | 14.04               | 14.04           |
| <b>[24]</b> | <b><u>KILBARCHAN AC B'</u></b>       |            |                     | <b>31</b>       |
| Leg 4       | J KLOMAN                             | 24         | 56.33               | 16.31           |
| Leg 3       | D MOWSE                              | 13         | 40.07               | 13.44           |
| Leg 2       | J RODGER                             | 13         | 26.23               | 12.54           |
| Leg 1       | M MCGINLEY                           | 19         | 13.29               | 13.29           |
| <b>[25]</b> | <b><u>GREENOCK GLENPARK'</u></b>     |            |                     | <b>19</b>       |
| Leg 4       | E CURRIE                             | 25         | 56.38               | 13.41           |
| Leg 3       | C MCLEAN                             | 25         | 42.57               | 14.33           |
| Leg 2       | A OROUKE                             | 29         | 28.24               | 13.53           |
| Leg 1       | B MCLAUGHLIN                         | 35         | 14.31               | 14.31           |
| <b>[26]</b> | <b><u>GARSCUBE H'</u></b>            |            |                     | <b>13</b>       |
| Leg 4       | I DUNN                               | 26         | 57.48               | 15.03           |
| Leg 3       | S CULLEN                             | 26         | 42.59               | 14.53           |
| Leg 2       | I CULLEN                             | 25         | 28.06               | 14.34           |
| Leg 1       | C RUSSELL                            | 20         | 13.32               | 13.32           |
| <b>[27]</b> | <b><u>GIFFNOCK NORTH B</u></b>       |            |                     | <b>17</b>       |
| Leg 4       | B CAMPBELL                           | 27         | 58.46               | 14.46           |
| Leg 3       | G MCNAMEE                            | 29         | 44.00               | 15.23           |
| Leg 2       | C RANKIN                             | 31         | 28.37               | 14.26           |
| Leg 1       | A MCLACHLAN                          | 31         | 14.11               | 14.11           |
| <b>[28]</b> | <b><u>KIRKINTILLOCH OLY B</u></b>    |            |                     | <b>39</b>       |
| Leg 4       | W CAMPBELL                           | 28         | 59.27               | 16.09           |
| Leg 3       | D DOUGLAS                            | 27         | 43.18               | 15.33           |
| Leg 2       | C WATSON                             | 23         | 27.45               | 14.11           |
| Leg 1       | E MCLOONE                            | 22         | 13.34               | 13.34           |
| <b>[29]</b> | <b><u>TROON TORTOISES'</u></b>       |            |                     | <b>57</b>       |
| Leg 4       | V DALY                               | 29         | 59.41               | 15.52           |
| Leg 3       | C MARTIN                             | 28         | 43.49               | 15.16           |
| Leg 2       | I BEATTIE                            | 30         | 28.33               | 14.04           |
| Leg 1       | C MCGREGOR                           | 34         | 14.29               | 14.29           |

# West District Cross Country Relays

## Race 4 MEN

| <u>Leg</u> | <u>Name</u> | <u>Pos</u>                         | <u>Running Time</u> | <u>Lap Time</u> |
|------------|-------------|------------------------------------|---------------------|-----------------|
| <b>30</b>  |             | <b><u>IRVINE AC C'</u></b>         |                     | <b>29</b>       |
| Leg 4      | F DOWELL    | 30                                 | 60.24               | 15.16           |
| Leg 3      | D MILLAR    | 34                                 | 46.08               | 15.33           |
| Leg 2      | S NISBET    | 36                                 | 30.35               | 14.06           |
| Leg 1      | J MORTON    | 43                                 | 16.28               | 16.29           |
| <b>31</b>  |             | <b><u>CLYDESDALE B</u></b>         |                     | <b>8</b>        |
| Leg 4      | D DOLAN     | 31                                 | 62.00               | 14.48           |
| Leg 3      | B EDRIDGE   | 35                                 | 47.12               | 14.42           |
| Leg 2      | G KENNEDY   | 39                                 | 32.30               | 16.18           |
| Leg 1      | D RUZIWSKI  | 42                                 | 16.12               | 16.12           |
| <b>32</b>  |             | <b><u>MARYHILL H'</u></b>          |                     | <b>43</b>       |
| Leg 4      | L MCCUE     | 32                                 | 62.51               | 18.19           |
| Leg 3      | N SINGH     | 31                                 | 44.32               | 16.23           |
| Leg 2      | K STEVENSON | 27                                 | 28.09               | 14.32           |
| Leg 1      | A GALLACHER | 23                                 | 13.37               | 13.37           |
| <b>33</b>  |             | <b><u>INVERCLYDE AC C</u></b>      |                     | <b>24</b>       |
| Leg 4      | B LITTERICK | 33                                 | 63.26               | 17.41           |
| Leg 3      | T TRACEY    | 33                                 | 45.45               | 16.23           |
| Leg 2      | G HEGARTY   | 34                                 | 29.22               | 14.32           |
| Leg 1      | K MORRISON  | 38                                 | 14.50               | 14.50           |
| <b>34</b>  |             | <b><u>GREENOCK GLENPARK B'</u></b> |                     | <b>20</b>       |
| Leg 4      | T KNIGHT    | 34                                 | 67.24               | 18.55           |
| Leg 3      | K SCOTT     | 36                                 | 48.29               | 16.09           |
| Leg 2      | R RODELET   | 38                                 | 32.20               | 17.36           |
| Leg 1      | N HAY       | 36                                 | 14.44               | 14.44           |
| <b>35</b>  |             | <b><u>BELLAHOUSTON H B</u></b>     |                     | <b>4</b>        |
| Leg 2      | S STANWAY   | 35                                 | 29.37               | 14.50           |
| Leg 1      | I ROSS      | 37                                 | 14.47               | 14.47           |
| <b>35</b>  |             | <b><u>CALDERGLEN H A</u></b>       |                     | <b>5</b>        |
| Leg 1      | M DUTHIE    | 18                                 | 13.22               | 13.22           |
| <b>35</b>  |             | <b><u>CALDERGLEN H B'</u></b>      |                     | <b>6</b>        |
| Leg 1      | C MCDONALD  | 32                                 | 14.20               | 14.20           |
| <b>35</b>  |             | <b><u>GARSCUBE H B'</u></b>        |                     | <b>14</b>       |
| Leg 1      | W MARSHAL   | 40                                 | 15.46               | 15.56           |
| <b>35</b>  |             | <b><u>INVERCLYDE AC D</u></b>      |                     | <b>25</b>       |
| Leg 3      | J CONAGHAN  | 38                                 | 55.20               | 20.55           |
| Leg 2      | L MCMAHON   | 42                                 | 37.24               | 16.28           |
| Leg 1      | A GALBRAITH | 45                                 | 17.57               | 17.57           |
| <b>35</b>  |             | <b><u>KILBARCHAN AC C</u></b>      |                     | <b>32</b>       |
| Leg 3      | B MILLER    | 30                                 | 44.25               | 15.31           |
| Leg 2      | P MALDER    | 33                                 | 28.54               | 14.33           |
| Leg 1      | S HARDS     | 33                                 | 14.21               | 14.21           |
| <b>35</b>  |             | <b><u>KIRKINTILLOCH OLY C</u></b>  |                     | <b>40</b>       |
| Leg 3      | B MCPARLAND | 37                                 | 50.41               | 17.35           |
| Leg 2      | E VAUL      | 40                                 | 33.06               | 17.12           |
| Leg 1      | P ANDERSON  | 41                                 | 15.54               | 15.54           |

# West District Cross Country Relays

## Race 4 MEN

| <u>Leg</u> | <u>Name</u> | <u>Pos</u>                           | <u>Running Time</u> | <u>Lap Time</u>  |
|------------|-------------|--------------------------------------|---------------------|------------------|
| <b>35</b>  |             | <b><u>RON HILL CAMBUSLANG B'</u></b> |                     | <b><u>46</u></b> |
| Leg 2      | M MCCABE    | 26                                   | 28.08               | 14.25            |
| Leg 1      | M FARGRIEVE | 25                                   | 13.43               | 13.43            |
| <b>35</b>  |             | <b><u>SHETTLESTON H C</u></b>        |                     | <b><u>52</u></b> |
| Leg 3      | K MCLEAN    | 32                                   | 45.18               | 16.37            |
| Leg 2      | K FAYAN     | 32                                   | 28.41               | 14.50            |
| Leg 1      | B MCGARRITY | 27                                   | 13.51               | 13.51            |
| <b>35</b>  |             | <b><u>SPRINGBURN H C</u></b>         |                     | <b><u>55</u></b> |
| Leg 2      | A HILL      | 37                                   | 32.06               | 16.29            |
| Leg 1      | R YOUNG     | 39                                   | 15.37               | 15.37            |
| <b>35</b>  |             | <b><u>TROON TORTOISES B'</u></b>     |                     | <b><u>58</u></b> |
| Leg 3      | O LIGHT     | 39                                   | 60.04               | 24.02            |
| Leg 2      | W SPARK     | 41                                   | 36.02               | 19.01            |
| Leg 1      | G MALONE    | 44                                   | 17.01               | 17.01            |